

Don Kakuda Black-Belt

Reference:

I have been training with Graham for over a 2 years. After studying several martial arts, including judo, Kempo Karate and Tang soo do, I have found that his style that combines traditional boxing with TKD to be unique, challenging and practical.

It as not only this new style that attracted me to his school, but also Graham as an individual and trainer. He is motivated and enthusiastic about the art and teaching. He has the ability to share his high level of expertise to black belts and white belts alike.

It is the ability to encourage and teach the art rather than merely self-defence, however, both are taught. I recommend Graham as Master because of the skill, professionalism and knowledge that he possess, and importantly, shares. His dedication to the art, school and importantly the students is highly acknowledged.

Graham is also of good character, and I respect him as a person and martial artist.

Cheers Don **Kakuda**

Don's Martial arts History

I have been studying martial arts off and on for most of my life.

I started when I was about 6 years old with Judo. My brother and I trained together and he when on to recieving a black belt while living in Japan.

Although I was young, I found Judo to be a good way to develop self confidence, physical coordination and focus.

I later studied Kung Fu, or Kempo Karate, while in high school and undergraduate university. I enjoyed learning the more typical karate moves of upper body strikes and kicks. While in graduate school, I studied Tang Soo Do, a form of Korean matial art. I moved to Australia from America, so my training was interrupted.

I looked for a school in Australia, but only started training in the martial arts again upon meeting Graham Healy. I like the combined methods of boxing and Tae Kwon Do taught by Graham. Traditional boxing techniques are not common in the martial arts training, yet the strengths of boxing for upper body defence and offense have been well known for years. Learning new techniques in boxing and improving kicking techniques have provided me with a

challenge and opportunity for growth.

I am currently a manager of innovation and commercial development at UniQuest, the main technology commercialisation organisation at the University of Queensland, Australia. Prior to working at UniQuest, I was an Australian patent attorney for 6 years at Fisher Adams Kelly Patent and Trade Mark Attorneys. I originally was trained as a scientist at the University of California, San Diego in the Biomedical Sciences Program. My PhD thesis was in the area of molecular and cellular biology. I have also worked for a plant biotech company in Brisbane, Australia managing projects and intellectual property.

Don Kakuda lawyer



To whom it may concern,

Graham Healy was my Martial Arts teacher. I have a *Kempo Karate* back ground and wanted a new style. His style was brilliant and his teaching style awesome and I found his values and benevolence beyond reproach.

Robert Speechley



Graham and I have known each other for approx 7 years, 5 of which has been as business associates. We have been keen to share ideas, and because of the length of time, it is obvious it has been mutually rewarding. I look forward to what we may achieve together in the future.

> Peter McNally, 40years owning & operating weight-control centers. www.mcnallys.com.au



I have known Graham Healy and his wife Petrina for many years. I have always found both of them to be people of principle, hard working and enthusiastic individuals, committed to helping anyone with genuine problems. Graham's integrity and commitment have been demonstrated to me on numerous occasions, and his business acumen, particularly where difficult situations have arisen, is second to none. I have absolutely no hesitation in recommending Graham and his wife (outstanding members of their community) in any Endeavour, business or otherwise.

> Robert Walsh, Chairman, Foltainer International Pty, Ltd. www.ausfirst.com



John Moraitis Black-Belt

"if you want to learn techniques that WORK on the street, train with Graham Healy.

Taekwondo really shines when it is complimented with a solid boxing ability and some mixed martial arts training. This is exactly Graham's approach: teaching you to defend and attack at all ranges: kicking, punching, elbows & knees, plus hold and release ranges.

The classes represent excellent value for money within Brisbane, and Graham prides himself on enthusiastically offering you that little bit more."

JOHN MORAITIS

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